

Register for the Camden County Women's Health Conference

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The 2010 Camden County Women's Health Conference will be held on Saturday, September 25, at Eastern Regional High School in Voorhees.

The Camden County Freeholder Board is proud to present this free event, which is now in its 11th year of empowering women to take charge of their own health and wellbeing. Women tend to be the decision makers when it comes to health matters in the family. We want them to have the tools they need to make those important decisions.

This free conference fills a much-needed role in making women aware of health, nutrition and family issues as well as finance issues and those dealing with the mind and spirit. In addition, it provides women with an action-filled, fun day to enjoy themselves and each other. Women of all ages come with their friends or their mothers and daughters to attend the workshops, listen to the keynote speaker and leave with bags full of samples and information from the exhibitors.

This year's keynote speaker is Stephanie Stahl, CBS 3's award-winning medical specialist who is featured daily on "Eyewitness News" on CBS 3 and the CW Philly. A multiple Emmy Award winner, Stahl has done major series on women's concerns such as breast cancer and investigative reports on many health issues including E-coli.

The Women's Health Conference is a collaborative effort of the Camden County Board of Freeholders, Camden County Department of Health and Human Services and our community partners. We especially appreciate the support of our corporate sponsors that have made it possible for us to host more than 150 community health organizations.

The Conference begins at 8 a.m. with registration and breakfast and ends at 3 p.m. after the last class. Visit www.camdencounty.com to select your workshops and register. Attendees are strongly encouraged to sign up in advance to receive their pick of workshops and for free onsite childcare. Not all workshops will have room for those registering on the day of the conference.