CHAIR YOGA

FOR SENIORS AGES 55 +

PRESENTED BY THE CAMDEN COUNTY BOARD OF COMMISSIONERS

CHERRY HILL & GLOUCESTER TWP. CLASSES ARE IN PERSON; HADDON TWP. CLASSES ARE HOSTED VIRTUALLY

Classes are one hour long - 11:00am to 12:00pm and 1:00pm to 2:00pm

- As class sizes are limited, (25 per class) please choose your slot today.
- Registration is on a first come, first served, basis.
- You MUST be a Camden county resident to participate.
- Proper mask wearing, cleaning, disinfecting, & social distancing may need to be followed for in-person classes.
- Should you have any questions, or require additional information, please contact Leslie Ramos by email: **Leslie.Ramos@camdencounty.com** or call **(856) 858-3251**.

Haddon Twp. (In Person)
William G. Rohrer Memorial Library, 1500 MacArthur Boulevard, Westmont, NJ
Mondays 3/20, 3/27, 4/03, 4/10, 4/17, 4/24, 5/01, 5/08, 5/15, 6/05 **at 11am**

To Register for Haddon Twp:
camdencounty.info/ChairYoga

Gloucester Twp: (via ZOOM)
Wednesdays 3/22, 4/05, 4/19, 5/03, 5/17 **at 11am**

To Register for Gloucester Township:
Sign up by calling **856-435-5734** or via email: **ajones@glotwp.com** or **jporter@glotwp.com**

Cherry Hill (In Person)
Cherry Hill Municipal Bldg., 820 Mercer Street, Rm. 208
Wednesdays 3/22, 4/05, 4/19, 5/03, 05/17 **at 1pm**

Register online:
register.capturepoint.com/cherryhill

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THE BOARD OF COMMISSIONERS

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