## SENIOR DANCE CLASSES Presented by the CAMDEN COUNTY

**BOARD OF FREEHOLDERS** 

## FREE SENIOR DANCE CLASSES DURING THE FALL, FOR AGES 55 +

Our Fall Senior Dance Class will run via Zoom video chat for 10 weeks beginning Wednesday, September 23rd & ending on Wednesday, November 25th @ 12:30 pm.

The virtual class will teach a structured therapeutic dance for individuals. It is fun and geared to help improve and/or maintain strength and flexibility.

You MUST be a Camden County resident in order to participate.

Registration is required, & is on a first come, first served basis. To do so, please contact Tom Castellano at (856).858.2986, or by email, Tom.Castellano@camdencounty.com.

## SEPTEMBER: 23RD, 30TH

## OCTOBER: 7TH, 14TH, 21ST, 28TH

NOVEMBER: 4TH, 11TH, 18TH, 25TH

Zoom Link: https://us02web.zoom.us/j/86102173267 Meeting ID: 861 0217 3267

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