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Virtual Presentation:

# Supporting Each Other and Ourselves: Mental Health Awareness and Promotion in the Wake of COVID-19

Thursday, June 25th, 2020 • 10:00 AM

Speakers:

**Ann Murphy,**  
*Ph.D., CPRP*

**PJ Wenger,**  
*LPC, MFT, M.Ed., MA, Ed.S.*

Registration:

**Office of Mental  
Health & Addiction**

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# Supporting Each Other and Ourselves: Mental Health Awareness and Promotion in the Wake of COVID-19

**Ann Murphy, Ph.D., CPRP** is an Associate Professor and Director of the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC) in the Department of Psychiatric Rehabilitation and Counseling Professions at Rutgers, School of Health Professions. Dr. Murphy completed an experimentally-focused Masters in Psychology at the College of William and Mary and a PhD in Psychiatric Rehabilitation from Rutgers. Dr. Murphy conducts research focused on interventions to improve the lives of people with mental illnesses, and previously provided psychiatric rehabilitation services. She has been a primary or contributing author on several federally funded grants. She also teaches within the MS in Rehabilitation Counseling and PhD in Psychiatric Rehabilitation programs at Rutgers. Dr. Murphy served as the Program Director for the PhD in Psychiatric Rehabilitation from 2016 to 2019, developing a new Counselor Education and Supervision track during that time. Currently, Dr. Murphy is the Director of the MHTTC, a federally funded center to enhance the capacity of the behavioral health workforce to provide evidence-based mental health interventions. Dr. Murphy's work is informed by her lived experience in recovery from mental illness.

**PJ Wenger, LPC, MFT, M.Ed., MA, Ed.S.,** is the Senior Training and Consultation Specialist with the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC) at Rutgers and has 29 years of experience working in the field of mental health. She has spent considerable time in a variety of settings developing her counseling experience. These settings include psychiatric emergency centers, adult and children inpatient treatment facilities, in-home counseling for mental health, residential treatment, schools, and private practice. In the school setting PJ has worked at the elementary, middle school, and high school level. In addition to this experience, PJ has been a Trauma Responder at the local, state and national level. She has responded to regional and national events (e.g., the attacks on 9/11 and Hurricane Sandy), as well as traumatic events that effect schools such as suicides, traumatic deaths of staff/students, and homicides. PJ is licensed by the NJ State Board of Family and Health Practitioners and is a certified member of the National Board of Certified Counselors. She has a Masters in Counseling and an Ed.S. in Marriage and Family Therapy.