

Stay Alert in Times Like These

# COVID-19 & DOMESTIC VIOLENCE



According to the National Coalition Against Domestic Violence (NCADV), “domestic violence is prevalent in every community, and affects all people regardless of age, socio-economic status, sexual orientation, gender, race, religion, or nationality. Physical violence is often accompanied by emotionally abusive and controlling behavior as part of a much larger, systematic pattern of dominance and control. Domestic violence can result in physical injury, psychological trauma, and even death. The devastating consequences of domestic violence can cross generations and last a lifetime.”

Since late March, most of us in NJ have had to for the most part shelter-in-place. There are many side effects of the covid19 crisis. Every facet of our lives currently changed. Our places of worship are closed, jobs are altered, schools are closed, and only essential businesses are open. Many who would be out of the home are now remaining in their homes. All relationships offer positives and negatives. Many relationships are altered because of covid19.

Additionally, the insecurity of job losses and social isolation impacts substance use and mental health. Services directed at mitigating those two issues are restrained. However, treatment is still available. Our contracted treatment facilities continue to serve the public

Nevertheless, complying with the ‘stay-at-home’ mandate and remaining in place poses a risk. Being closed in with someone who is abusive whether emotionally or physically is extremely difficult.

## Help is available

**National Domestic Violence Hotline: 1-800-799-7233**

**New Jersey Domestic Violence Hotline: 1-800-572-7233**

**Camden County Women’s Center: 856-227-1234**

**Services Empowering Rights of Victims: 866-295-SERV (7378)**

For more information or for help with mental health or substance abuse please call **(856) 374-6361**

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CamdenCountyNJ

  
Making It Better, Together.