

Sports Program Risk Assessment Chart

Risk Level	Examples	Permissible Activities	Prohibited Activities
High Risk	Rugby, boxing, judo, karate, taekwondo, wrestling, pair figure skating, football, group dance, group cheer	No-contact and contact practices in indoor and outdoor settings	All activities are permissible as of October 12
Medium Risk	Lacrosse, Hockey, Multi-Person Rowing, Multi-Person Kayaking, Multi-Person Canoeing, Water Polo, Swimming Relays, Fencing, Cycling in a Group, Running in a Close Group, Group Sailing, Volleyball Soccer, Basketball Baseball/Softball, Short Track	No-contact and contact practices in indoor and outdoor settings	All activities are permissible as of October 12
Low Risk	Archery, shooting/clay target, individual running events, individual cycling events, individual swimming, individual rowing, individual diving, equestrian jumping or dressage, golf, disc golf individual sailing, weightlifting, skiing, snowboarding, tennis, badminton individual dance, Track and Field	Practices and competitions in indoor and outdoor settings	All activities