

COVID19, Mental Health & Substance Abuse Supports Available

The COVID19 virus is expanding in our communities. Many are and will be affected by this virus. In a time of uncertainty, particularly when we are challenged by fear, there are people ready and willing to reach out. Taking care of ourselves and each other is paramount.

For those residents who are having difficulty coping with the COVID19 crisis, please call the Mental Health Association in New Jersey, Inc. at **(877) 294- HELP (4357) between the hours of 8AM to 8PM for emotional support, guidance and mental health referrals as needed.**

Other supports:

New Jersey Peer Recovery - 8AM-8PM on 3/26/20 the hours are being extended to 10PM for individuals with substance abuse problems or those in recovery needing support: 1-833-422-2765

Vets4Warriors - 24/7 National Program for veterans who have served in wars 1-855-838-8255

Vet 2 Vet - any NJ veteran 24/7 1-866-838-7654

Mom2Mom - mothers with special needs children 8AM-8PM -1-877-914-6662

Care2Caregiver - with family members who are caring for family member with memory loss, Alzheimer's, dementia or a related disorder 8AM-8PM 1-800-424-2494

Cop2Cop - 24/7 law enforcement officers 1-866-267-2267

Worker 2Worker - for DCP and P workers 8AM-8PM-1-855-327-7482

Aid NJEA - school staff members and their families Monday-Thursday 12PM-8PM; Fridays 12PM-6PM 1-866-243-6532

Others may call Camden County's Office of Mental Health & Addiction at (856) 374-6361 for additional information.

For 24/7 7-day-a-week information and referrals please call (877) 266-8222.

