

# **ANNUAL REPORT**

## **2016**

### **CAMDEN COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**COMMUNITY HEALTH SERVICES  
ENVIRONMENTAL AND CONSUMER HEALTH SERVICES  
PUBLIC HEALTH EMERGENCY PREPAREDNESS**

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*Making It Better, Together.*

Camden City

Dear Citizens:

I am very pleased to present the 2016 Annual Report for the Camden County Department of Health and Human Services. The Department is among the oldest County Health Agencies in South Jersey being established in 1968. Camden City and Cherry Hill Township were originally independent health departments that joined the County Health Department in our early history. That being accomplished all 37 municipalities are served by a single health agency.

Often times, the role and services that the Health Department provides are overshadowed by more visible programs within County Government. But there is no other agency that touches everyone to the extent and in the ways that Public Health does.

If we look at the 20<sup>th</sup> century we see tremendous gains in health and longevity associated with sanitation and hygiene, development of antibiotics and vaccines, and fluoridated water supplies all of which have been contributed by public health.

Historically, Public Health prevention and programs have not been appropriately valued, since often we look at medical remedies as a way to create good health. Frequently we overlook the fact that often good health can be effectively achieved by personal behavior, a healthier environment, progressive health policy and availability of health care access for all people.

The challenges today in 2016 have not disappeared but evolved and changed over the decades. The challenges today include overall reduction of health care costs through education and personal behavior, structural changes that will create cost reductions and operational efficiency for our County Public Health Agency, and seeing the impact of public health played out with increases in years of healthy living by all our residents.

Program changes are focusing on collaboration with community resources to reduce chronic diseases, empowering individuals to have a healthy lifestyle, developing sound public health policy and continuing our success in controlling infectious diseases.

In the area of structural changes we are always looking for new ways for public health to promote cost savings, better efficiency and a healthier Camden County.

I encourage you to read through this report and please do not hesitate contacting us with your ideas and opinions.

Sincerely,

Carmen Rodriguez, Freeholder Liaison  
Department of Health and Human Services

# *Mission Statement*

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The Mission of Camden County Government is to improve the Quality of life for all Camden County residents by providing and assuring access to quality service and programs which are cost effective and responsive to local needs.

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# Public Health

## What is Public Health?

Public Health views its patient as the entire Community and seeks to reach people before they become ill. The major distinction between public health and health care is that the public health focus is on preventing or delaying disease while health care treats disease. Public Health encompasses the entire community, small or large, and strives to create a healthier community that reduces health care cost and adds to years of active life.

## Core Public Health Functions

- Assess and monitor the health of communities and at-risk populations to identify health problems and priorities.
- Formulate public health policies with community and government leaders to address local and national public health programs and priorities.
- Provide all populations with access and appropriate cost effective care including health promotion, disease prevention and follow-up evaluation.

## Why should we invest in Public Health?

In 1999, the Center for Disease Control and Prevention (CDC) published a list of the top 10 public health achievements of the 20<sup>th</sup> century. These findings show that public health advances have been largely responsible for increasing life span of populations; over twenty five of the thirty years of increased longevity can be credited to public health initiatives. These public health initiatives include development of antibiotics, vaccines, clean water and a safer food supply. Medical advances account for less than 4 years of increased longevity for the 20<sup>th</sup> century. Since 1900 findings show the average life expectancy for Americans has increased by about 30 years. This has made a dramatic reduction in mortality for young children.

## Public Health Accreditation

The Camden County Department of Health is getting on board with Public Health Accreditation. The health department has prepared and assessed readiness for application submission for accreditation. The application is a formal notification to the Public Health Accreditation Board (PHAB) of a health department's official commitment to initiate the public health department accreditation process. The application is an agreement that the applicant will abide by the current and future rules of PHAB's accreditation to



achieve and maintain accreditation status for a 5-year period. The health department staff is currently gathering documentation for selection and submission to PHAB, which is step 3 of 7 steps of the accreditation process. The purpose of the accreditation process is to improve and protect the health of the public by advancing the quality and performance of the Camden County Department of Health.

### **Quotes from two well-known and respected Public Health Leaders**

*“Public health programs help keep disease rates down, which in turn keeps health care costs down. It’s going to be hard to get the economy healthy again if our workers and our health care system are both sick.”*--**Jeff Levi, PhD, Executive Director of TFAH, 2010.**

*“The financial crisis makes it more important than ever for the country to make prevention a top priority. Even in these troubled times, prevention is an investment we can count on to deliver a big payoff—sparing millions of people from developing preventable diseases while saving billions in health care costs.”*--**Risa Lavizzo-Mourey, MD, MBA President & CEO Robert Wood Johnson Foundation.**

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# *Ten Essential Health Services*

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1. Monitor health status to identify community health problems.
2. Diagnose and investigate health problems in the community.
3. Inform, educate, and empower people regarding health issues.
4. Mobilize community partnerships to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce the laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and ensure healthcare when it is otherwise unavailable.
8. Ensure a competent local public health system and a competent personal healthcare workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research innovative solutions to health problems.

# ***Programs and Services provided by Camden County Department of Health & Human Services***

## ***Alcohol and Substance Abuse Unit***

- Prevention
- Education
- Adolescent/Adult
- Treatment
- Women

## ***Communicable Disease***

- Disease Field Investigations
- Epidemiology
- HIV/AIDS
- Rabies Control
- Reportable Diseases
- STD Program (Sexually Transmitted Diseases)
- TB Program (Tuberculosis)



## ***Public Health Nursing***

- Adult Health
- Child Lead Case Management
- Infant and Preschool
- Influenza Immunizations
- Maternal Child Health
- Preventive Screenings
- Special Child Health Care



## ***Health Education/Promotion***

- Community Health Needs
- Health Education/Risk Communication
- Mobile Health Van/Health Connection-Health Screenings, Counseling, and Education
- Public Health & Community Planning
- Smoking Cessation/Cancer Prevention
- Annual Women's Health Conference
- Mobilizing Action through Planning and Partnership (MAPP)
- HealthEASE
- Matter of Balance
- Chronic Disease Self-Management Program
- New Jersey Poison Information Education System



# *Environmental Health Services*

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- Retail Food
- Recreational Bathing
- Body Art
- Tanning Salons
- Public Health Nuisance
- Multiple Dwelling Units
- Pet Shops & Kennels
- Right-To-Know
- Residential UST
- Noise
- Solid Waste Facilities
- Hazardous Materials Complaints
- Hazmat Emergency Response
- Integrated Pest Management
- Pesticide Enforcement
- Swimming Pool Discharge
- Vapor Recovery
- Idling
- Air Quality
- Private Wells
- Individual Sewage
- Public Health Emergency

*Stabilizing leaking containers in a box truck.*



# ***Community Health Services Statistics 2016***

The number of services, individuals and programs provided to the Camden County residents and community.

## **Substance Abuse Unit: Comprehensive Substance Abuse, Municipal Alliance & Intoxicated Driver Resource Center Statistics for 2016**

<b>Substance Abuse Unit</b>			<b>Total</b>
Intoxicated Driver Resource Services			
Attended or monitored the 12-hour IDRC	Individuals	1405	
Attended or monitored the 48-hour IDRC	Individuals	215	
			1620
Crisis Services			
Crisis Warm-line	Calls	203	203
Substance Abuse Education & Prevention			
Education & Prevention Services	Units of Service	1351	1351
Substance Abuse Treatment			
Halfway House Men & Women	Individuals	28	
Intensive Outpatient Services	Individuals	400	
OPIOD Maintenance Treatment	Individuals	147	
Outpatient Counseling Adults	Individuals	927	
Recovery Supports (*563 mentor hours provided)	Individuals	733	
Sub Acute Detox	Individuals	352	
Residential Rehabilitation	Individuals	354	
			2941
Municipal Alliance Programming	Programs	142	142

### **Childhood Lead Poisoning Program:**

Case Management Services	110
Environmental Inspections	6

### **Immunization Program:**

Child Immunizations	2667
Adult Immunizations	347
Influenza Program	5253

### **Tuberculosis Program (Regional Chest Clinic)**

* TB # clinic visits	559

### Camden County Special Child Health:

Average active caseload	909
Unduplicated number of children served	1944
New referrals	2690
New SSI referrals	2310
<b>Grant Year Camden County Constituents Catastrophic Award</b> <b>277,450</b>	

### Communicable Diseases-Reportable Diseases:

*Reports from Laboratories, Hospitals, Medical Providers, Public Health*

DISEASE NAME	COUNT
AMOEBIASIS	3*
BABESIOSIS	1*
CAMPYLOBACTERIOSIS	72
CHLAMYDIA TRACHOMATIS INFECTION 200	2,252
CHOLERA	2*
CRYPTOSPORIDIOSIS	11
DENGUE FEVER	2*
EHRlichiosis/ANAPLASMOSIS - ANAPLASMA PHAGOCYTOPHILUM (PREVIOUSLY HGE)	5
EHRlichiosis/ANAPLASMOSIS - EHRlichia CHAFFEENSIS (PREVIOUSLY HME)	9
EHRlichiosis/ANAPLASMOSIS - UNDETERMINED	1*
GIARDIASIS	13
GONORRHEA	653
HAEMOPHILUS INFLUENZAE	2*
HEPATITIS B	22
HEPATITIS B - ACUTE	1*
HEPATITIS B - CHRONIC	129
HEPATITIS B - PERINATAL	15
HEPATITIS C	381

HEPATITIS C - ACUTE	5
HEPATITIS C - CHRONIC	5
LEGIONELLOSIS	5
LYME DISEASE	192
MUMPS	4*
PERTUSSIS	13
ROCKY MOUNTAIN SPOTTED FEVER	11
SALMONELLOSIS	1*
SALMONELLOSIS - NON TYPHOID	14
SHIGA TOXIN-PRODUCING E.COLI (STEC)	2*
SHIGA TOXIN-PRODUCING E.COLI (STEC) - NON O157:H7	1*
SHIGA TOXIN-PRODUCING E.COLI (STEC) - O157:H7	1*
SHIGELLOSIS	26
SYPHILIS	43
SYPHILIS - LATE LATENT 745	1*
VARICELLA	56
ZIKA VIRUS - INFECTION, NON-CONGENITAL	2*
WEST NILE VIRUS (WNV)	1*
YERSINIOSIS	3*
ZIKA VIRUS	32
ZIKA VIRUS - DISEASE, NON-CONGENITAL	2*
ZIKA VIRUS - INFECTION, CONGENITAL	3*

*\*For public health use only. DATA WITH VALUES LESS THAN 5 SHOULD NOT BE RELEASED TO THE PUBLIC WITHOUT ACCOMPANYING INTERPRETATION. Rates calculated from these numbers are statistically unreliable for interpretation. These numbers include cases that were laboratory and clinically confirmed, and probable cases that may not have met some but not all clinical or laboratory criteria for diagnosis.*

## Communicable Diseases-Programs:

Rapid HIV Testing	807
Number that tested positive	4
Routine Serology	NA
Sexually Transmittal Diseases	4,763
Patients seen and treated at our STD clinics	998
Cases of Syphilis (all stages)	43
Cases of Gonorrhea (all forms)	653
Cases of Chlamydia	2,252
Animal Bites Reported and Investigated	664
Confinement Notices Issued	399
Positive rabies specimens	9
Municipal Rabies Clinics we supported	28
# of animals reported as vaccinated at municipal clinics	2972
Influenza Immunizations	5253
*TB # of Clinic Visits	559
Immunization Audits	123

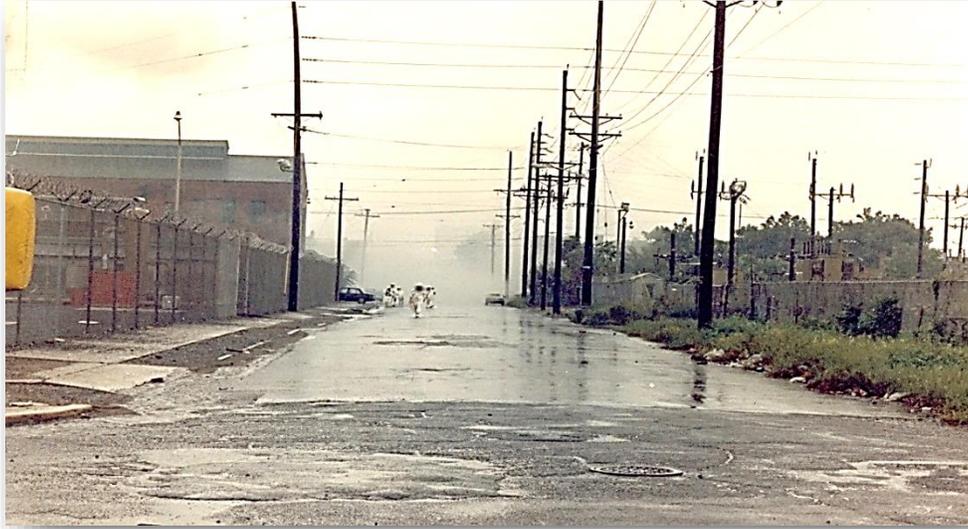
## Health Screenings:

Month	Blood Pressure	Referrals	Cholesterol	Referrals	Fasting Blood Sugar	Referrals	HE Individual Counseling Sessions	Referrals Access to Care	Referrals Tobacco Treatment	Referrals BMI Ref
Jan	42	9	12	1	6	0	57	2	2	43
Feb	109	24	58	15	9	2	154	2	24	109
Mar	54	4	33	9	7	1	41	5	7	54
April	64	8	28	3	1	0	25	4	8	64
May	6	0	6	0	0	0	54	5	34	6
June	70	11	23	8	4	2	416	20	8	70
July	16	2	1	2	0	0	81	11	24	16
Aug	17	1	1	0	0	0	92	13	0	17
Sept	27	2	5	0	6	1	290	9	18	27
Oct	26	5	5	0	2	0	45	12	10	26
Nov	25	2	23	6	8	1	25	2	0	25
Dec	22	1	5	1	6	0	22	2	0	22
<b>Totals 2016</b>	<b>478</b>	<b>69</b>	<b>200</b>	<b>45</b>	<b>49</b>	<b>7</b>	<b>1302</b>	<b>87</b>	<b>135</b>	<b>478</b>

## Environmental Health Inspections:

*Retail Food	3,754	Hazardous Materials Complaints	116
Recreational Bathing	293	Hazmat Emergency Response	63
Body Art	43	Integrated Pest Management	21
Tanning Salons	18	Pesticide Enforcement	85
Tobacco/Vapor Retail Establishment	6	Youth Camp Pre-Operational Inspection	21
Public Health Nuisance	0	Swimming Pool Discharge	0
Multiple Dwelling Units	13,392	Vapor Recovery	45
Pet Shops & Kennels	77		
Right-To-Know	294	Air Quality	308
Residential UST	99	Private Wells	257
Noise	6	Individual Sewage	542
Solid Waste Facilities	271	Regulated Tanks	45

*Response to a Plastic Chemical Fire in Camden County*



**Housing:**

<b>Public Health Investigations</b>		<b>Total</b>
Initial		954
Reinspections		1,352
<b>DCA Housing</b>		<b>Total</b>
Initial		155
Units		13,392
<b>Information &amp; Referrals</b>		307



Senior housing inspector Vance Bowman greets members at Josephine Bakhita of St. Bartholomew's Community Church in Camden at a Resource Fair



Sol Diaz provides important housing information for members at Josephine Bakhita of St. Bartholomew's Community Church in Camden.

# Services

## SNAPSHOT OF OUR SERVICES

The following pages give more detailed information on a few of our services that we frequently receive questions about. These services are representative of what we do in providing for all residents of our community.

### *Alcohol and Substance Abuse*

- Information and Referral
- Education/Prevention
- Treatment and Recovery Supports
- Intoxicated Driver Resources

In years past, the Community Health Services / Alcohol and Drug Unit saw an increase in the number of calls for treatment for prescription drugs and heroin related abuse. At the same time, local police departments, health systems and data provided by the Medical Examiner related to overdose increased adverse events

secondary to that abuse, the unit worked with the County Administration and the Board of Chosen Freeholders to design a response to the unprecedented increase in in opioid abuse. Leaders in education, substance abuse prevention, healthcare, law enforcement were assembled into what is now the Camden County Addictions Awareness Task Force. The initial strategy was to immediately increase awareness of the problem. In May, the Task Force provided a forum which was held at the Scottish Rite Auditorium in Collingswood that showcased a collection of professionals, family members, recovering individuals and included 40 plus service providers. The forum was one of the largest substance abuse related events ever hosted in Camden County and was attended by over 750 concerned residents. In September, a Candlelight Vigil was held in remembrance of those who passed away as the result of the disease of addiction (overdose).



The strategy also includes the development of a 'tool box' with materials to assist educators and residents, billboards advertising the issue and where to get help, a new unit and

an Addictions Awareness website, Naltrexone trainings, increased medication drop-boxes, better participation in the Prescription Monitoring Program and advocacy to increase the number of resources available to treat residents in need. There is still a lot of work to accomplish but with the collaboration of the community and key stakeholders, we fully expect to meet the challenge.

The Alcohol and Substance Abuse Unit processed over 2700 calls for information and referral, funded services for over 7000 clients residents as well as providing education and prevention to numerous youth and adults in the county. The Intoxicated Driver Resource Center provided education and referral to over 1400 individuals. In addition, we were able to highlight the achievement of thousands of Camden County residents who achieved long term sobriety.

In 2016, the Community Health Services / Alcohol and Drug Unit continued to see an increase in the number of calls for treatment for prescription drug and heroin. Demand, for example, for detox and short-term residential services continued at a comparable pace to 2015. Fewer calls were received for the treatment of alcohol misuse.



Planned allocation of Comprehensive Substance Abuse dollars was impacted by changes NJ Medicaid enrollment. Among those were the increase in Camden County residents who qualified for Medicaid. Historically, not all NJ Medicaid plans offered the same benefit structure. In 2016, benefits across all plans were equalized. Planning for this transition required special attention to provider expenditures.

There were a number of outpatient programs who realized more of their clients met criteria for NJ Medicaid and therefore did not bill the county billing for those services decreased. The unspent funds were reallocated to cover the increase in demand for detox and short-term residential services.

The 2016-2019 County Comprehensive Plan was submitted and approved by the NJ Division of Mental Health and Addiction Services.

The Municipal Alliance program provided approximately 140 plus programs throughout the year. The alliances were provided with 2 presentations (one by a Certified Prevention Specialist and one by the County Alcohol and Drug Director designed to highlight the seriousness of the opiate crisis on a local level. By the fall of 2016, the Alliances incorporated more prevention / education about opiates into their regular programming.

Throughout the year the Alcohol and Drug Unit worked with the Camden County Addiction Awareness Task Force heighten awareness and increased education. We began working with a number of additional prevention/educators who offered education services often to the public free of charge to combat the opiate crisis. We provided several presentations aimed at increasing education and awareness of the opiate crisis. We monitored fatalities related to the opiates and co-authored a study related to them. We continued to work with Urban Treatment Associates to advertise their naloxone trainings and with Center for Family Service's Opiate Overdose Recovery Program (OORP - "Lifeline ED") to assist referrals into Operation SAL at Delaware Valley Medical (Pennsauken).

**Community Health Services Division**

- Camden County Health Connection
- Mobilizing Action through Planning and Partnership/Tri-County Community Health Needs Assessment Collaborative
- Health Promotion Programs

**Southern Region Specialty Chest Clinic**

- Special Child Health Program

**Division of Environmental and Consumer Health Services**

- Emergency Response for Hazardous Materials
- Food Surveillance
- Multiple Dwelling Housing Inspections

**Office of County Health Officer**

- County Bioterrorism Response Program



Community Health Services staff promote their brand new exhibit "Name that Rash" on the importance of getting vaccinated to prevent disease.



Members of Bioterrorism Team interact during a Public Information exercise/risk communication training.



Public Information staff addresses the public concerning an Ebola Virus case.

## Health Education Unit

### *Camden County Health Connection*

The Camden County Health Connection promotes community wellness on site at county workplaces, health fairs, senior centers, public housing complexes, homeless shelters, nutrition sites, shopping centers and community organizations. The **Camden County Health Connection** is a mobile unit, which enables our Health and Human Services Department to extend the reach and availability of our health screening and disease risk assessment services provided at our health centers. The Camden County Health Connection houses an experienced staff of a registered nurse and health educators to provide a wide range of health-education and lifestyle-management programs that empower children and adults to take control of their health and improve their well-being.

The mobile unit enables the Health Department to increase access to health promotion, disease prevention and early detection programs for cancer, heart disease, diabetes and stroke in Camden City and southern Camden County. These services include the following:

- Blood sugar screenings
- Blood pressure screenings
- Cholesterol screenings
- Osteoporosis screenings
- Chronic Disease Management Training programs
- Stroke Risk Assessment Screenings
- Referrals for community health care services
- Health education, support and counseling
- Follow-up health care services



Sammy Sneeze was a big hit at the “Camden Clean Campaign” events this summer. Sammy, an educational display, comes to all events to teach children about hand washing and sneezing/coughing etiquette.

*The “Camden County Health Connection” Mobile Health Unit*



Support groups such as the Chronic Disease Self-Management Program, tobacco treatment and counseling, health seminars and skills-building workshops are also conducted upon request.

These services do not replace regular visits to a primary care physician, but rather emphasize the importance of annual check-ups and help arrange care for people who need them. The overall goal of the Camden County Health Connection is to link this region to needed health services such as health insurance, health care, social services and community health resources. The Camden County Health Connection serves as a health education resource center composed of videos, books, brochures and web-based action oriented tools to assist residents of all ages in the importance of preventive care.

### **Mobilizing for Action through Planning and Partnership: Approach to Public Health in Camden County (MAPP)**

Mobilizing for Action through Planning and Partnership (MAPP) is a community health assessment process developed by the National Association of County and City Health Officials and federal Centers for Disease Control and Prevention (CDC). MAPP is intended to help local public health system entities work collaboratively to assess and improve community health and quality of life. The local public health system includes academic institutions, community nonprofit organizations, foundations, health care institutions and providers, libraries, religious and fraternal organizations, schools, social service agencies and other entities that provide public health services and share information about health issues with community residents. Since 2007, workgroups have been formed to implement strategies to address the following six priority issues which emerged through that assessment process.

- Chronic Disease
- Co-occurring Mental Health and Addictions Disorders
- Access to Care

In 2013 the Camden County Health Department collaborated with hospitals, health systems and health departments within Gloucester, Camden and Burlington counties, to: 1) identify, analyze and address health problems; 2) assess applicable data; 3) develop measurable health objectives and indicators; 4) inventory community health assets and resources; and 5) develop and implement coordinated strategies to improve health. This effort was entitled the Tri-County Community Health Needs Assessment (CHNA) Collaborative. The CHNA was conducted from September 2012 to June 2013.

Through collaborative efforts, the community health needs assessment built on prior work of the Camden County MAPP Coalition, local health systems, hospitals, Senior Services Division, Environmental Health and Community Health Services Divisions, and community, emergency and public health preparedness partners. The assessment was also conducted to comply with requirements set for the in the Affordable Care Act, as well as to further the health department's commitment to community health population health management.

The 2016 CHNA collaborative will build on existing community relationships and develop strategic partners and increase its collaborative approach to community health improvement.

## Health Education and Promotion Programs

### *Take Control of Your Health: Chronic Disease Self-Management Program*

The Chronic Disease Self-Management Program (CDSMP), developed at Stanford University, is an effective self-management education program for people with chronic health problems or people who take care of others with chronic health problems. In Camden County, the CDSMP is known as *Take Control of Your Health*. New Jersey Department of Health and Senior Services (NJDHSS) provide statewide guidance and oversight for CDSMP. In collaboration with community partners, the Health Department presents a series of workshops, which are given once a week for six weeks, in community settings such as senior centers and housing sites throughout the County. This program, is facilitated by two trained leaders, one or both of whom have chronic diseases themselves. These sessions enables people with chronic illnesses to learn ways to self-manage their condition and take charge of their life.



Topics covered include: 1) techniques to deal with problems such as frustration, fatigue, pain and isolation, 2) appropriate exercise for maintaining and improving strength, flexibility, and endurance, 3) appropriate use of medications, 4) communicating effectively with family, friends, and health professionals, 5) designing and maintaining a healthy eating and exercise plan and 6) learning how to evaluate new treatments. In addition, program participants learn decision-making, action planning, and problem-solving skills. Each participant in the workshop also receives a copy of the companion book, *Living a Healthy Life with Chronic Conditions*, and an audio relaxation tape, *Time for Healing*.

### ***A Matter of Balance: Managing Concerns About Falls***

Many older adults experience a fear of falling. People who develop this fear often limit their activities, which can result in physical weakness, making the risk of falling even greater. A Matter of Balance: Managing Concerns About Falls is a program designed to reduce the fear of falling and increase activity levels among older adults.

A Matter of Balance includes eight two-hour sessions for a small group led by a trained facilitator. This nationally recognized program was developed at Boston University.

During the class, participants learn to:

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risk at home
- Exercise to increase strength and balance

A Matter of Balance is a program that emphasizes practical strategies to manage falls.

Classes are held 2 times a week for 4 weeks for 2 hours each or 1 time per week for 8 weeks. This program is based on Fear of Falling: A Matter of Balance. Used and adapted by permission of Boston University.

**Health EASE** was created in New Jersey to coordinate and expand health promotion and disease prevention services for older adults at the local level, with the goal of promoting, supporting and sustaining older adults in living healthier, more independent lives. HealthEASE targets older adults at all levels of the health spectrum, from those experiencing no health issues to those with multiple chronic diseases and physical limitations.

### **Wellness Series - “Action Steps to Better Health”**

- Keeping Up the Beat: Heart Health
- Bone Up: Standing Tall Against Falls
- Your Health: Osteoporosis
- Keeping Your Mind Sharp
- Be Wise About Your Medications
- Move to Get F.I.T.
- Serving Up Good Nutrition
- Women’s Health

These one hour free programs engage community members in fun, interactive wellness activities to promote independent and healthy living.

### **Other initiatives include:**

**New Jersey Poison Information and Education Program** helps participants identify poisonous substance found in the home as well as help reduce the number of unintentional poisons that occur in the home.

**Move Today**, an exercise program for older adults to improve balance, posture, muscle strength and flexibility.

### **QPR Question, Persuade, Refer**

Suicide Prevention Gatekeeper Training which teach professionals and non-professionals alike, using the simple technique of “Question Persuade and Refer”, to recognize the warning signs of a suicide crisis, and how to get the person at risk the assistance they need.

### **Screening, Brief Intervention and Referral to Treatment (SBIRT)**

This training provides a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders.



Guest speaker discussing stretching techniques that can be done at a desk



Health Education and Environmental Staff of the Camden County Department of Health and Human Services', team up with The Food Trust's "Healthy Corner Store Initiative – Heart Bucks Program" in Camden City. Health education staff provide health screenings to city residents on the "Camden County Health Connection" Mobile Health Unit parked in front of a local corner food store. Nutrition Classes with health recipes using fresh produce are held inside the stores.

### Food Trust Partnership

The goal of The Food Trust's Healthy Corner Store Initiative is to expand the sale and marketing of affordable, nutritious food in corner stores in lower-income communities, which often have the lowest access to healthy foods and the highest rates of diet-related disease. Health Education and Environmental Staff partnered this year with the Food Trust in bringing more health education and health screenings to Camden City residents in 2016. This collaborative program will continue in 2017.



### Health Promotion Initiatives in Tobacco Control

#### Let's Share Clean Air: Camden Diocese Tobacco Free Initiative: Planning/Development

In collaboration with Southern New Jersey Perinatal Collaborative Mom's Quit Connection and Tobacco Free for a Healthy NJ, the Camden Diocese went tobacco free in 100% of their multi-unit dwellings.

#### Tobacco Control Education/Outreach Activities

- Provided best practices and educational strategies to Camden County residents in tobacco control and enforcement
- Gloucester Township and the Borough of Haddonfield adopted tobacco free outside ordinances for their parks and municipal grounds.

#### Kick Butts for Health: Let's Share Clean Air: Northgate II Tobacco Free Initiative: Planning/Development



Forty (40) promotional signs regarding the new tobacco-free campus policy were placed at sites throughout the Lakeland Campus.

In collaboration with Tobacco Free for a Healthy NJ and support from Southern New Jersey Perinatal Collaborative Mom's Quit Connection, the Health Department's Tobacco Control Initiative has been planning and developing a tobacco free multiunit dwelling policy at Northgate II in Camden, New Jersey. Adoption of the policy is slated to occur by Spring 2017.

### **World No Tobacco Day May 31, 2016: Cooper Health System: MD Anderson Cancer Center at Cooper**

- In partnership with Burlington/Camden County Chronic Disease Coalition with Plyshette Wiggins and the American Lung Association
- Administered **25** Brief Tobacco education interventions
- Handed out information and quit kits provided by BCCC Chronic Disease Coalition.



Quit Survival Kits, and Nicotine Replacement Therapy information for Camden County employees.

**Overall, 175 workshops, presentations and trainings were provided in 2016, and health education staff participated in 129 health and safety events and coalition meetings.**

### **Special Child Health Services**

The Special Child Health Services Program assists families with children who have developmental delays and health needs birth through age 21. This program was originally established in 1928 as the result of the Birth Defects Law (1926). The Crippled Children Program was created with the intent to treat orthopedic conditions. Since that time there have been a number of changes in the law that now include children identified under the State Birth Defects Registry and more recently (2007) the addition of children identified through the Autism Registration.

This program is County based and provides Nursing Case Management. The County Case Management Unit serves as the entry point into health care and related services to facilitate cooperation among agencies. Families often need assistance with multiple tasks from identifying their child's basic needs to finding appropriate providers. Nurse case managers work with both children and their parents. These professionals assist families through the maze of the health services system and other related systems for the purpose of meeting individual needs. Specifically, the case managers assist with obtaining hearing aids and orthotics; payment of catastrophic bills; support groups; home nursing care; education and other needs.

Any child under the age or 21 is eligible for services that has a birth defect, a serious illness, has difficulty walking, talking, and understanding or is at risk of developing a handicapping condition. Services are provided regardless of financial status.

## **Southern Regional Specialty Chest Clinic**

The Southern Regional Specialty Chest Clinic was initiated in 2008 by Camden County Health Department at the request of New Jersey Department of Health and Senior Services. The program is staffed by both County Health Department and Cooper University Hospital. Cooper University Hospital provides Infectious Diseases Specialists who are well versed in the treatment of Active Tuberculosis of the Lungs and non-pulmonary sites. This group is headed by Henry Fraimow, MD, who is a member of the State TB Medical Advisory Board.

The TB Nurse Case Manager, for Cooper University Hospital, acts as a liaison between the State TB Program, Cooper University Hospital, and the Camden County DHHS. The Case Manager provides nursing assessment, teaching and monitoring of the patient with TB. She also conducts contact investigations, to provide early detection of new TB cases and treatment to exposed clients with latent TB infection. The County Health Department provides additional staffing for nursing and support services. All those seen in the Southern Regional Specialty Chest Clinic benefit from a “one stop shopping” model, as we provide Mobile x-ray services, on site lab technician, Sputum Induction booth, Physician and nursing assessments, and provision of needed medications.

The Regional Clinic provides expert TB Consultation to surrounding counties who may have drug resistant TB or extra-pulmonary TB, or clients who have difficulties during their treatment. The Regional Clinic provides service to patients and case managers from Atlantic Co., Atlantic City, Gloucester, Burlington, Salem, Cumberland, Ocean, Cape May, Mercer and Middlesex counties, in addition to our own cases here in Camden County. The patients receive their medications on a daily basis by DOT, Directly Observed Therapy. In addition, they are monitored closely for medication tolerance and side effects. This enables a thorough treatment plan, and ensures that treatment is completed as the Standards of Care require. The TB clinic also provides medical assessment to those new immigrants who have been flagged by the CDC for evaluation once in our country.

## **Public Health Emergency Preparedness Program**

The Camden County Bioterrorism (BT) Unit has been in existence for over 10 years. Currently the program is led by our Public Health Emergency Notification Systems Coordinator (PHENS) and also includes a Health Education/Risk communicator (HERC), an Epidemiologist and practicing pharmacist under the direction of the County Health officer. The purpose of the BT program is to ensure immediate and adequate response to any acts or threats of bioterrorism, infectious disease outbreak and other public health threats or emergencies. On a scheduled basis the Unit acts to keep response plans up to date, provides education and ongoing training to all department staff, and uses response drills to improve timeliness and evaluate our proficiency. Planning, training and exercising for an all hazards approach allows us to prepare for a wide

range of emergencies. Response drills exercise various aspects of our work which include but not limited to monitoring disease patterns, communicating risk and providing information to contain the spread of disease, prophylaxis for at risk persons using oral medications or immunizations, receiving and distributing supplies and medicines to the hospitals and our medical community.

Our Medical Reserve Corp Management of approximately 387 volunteers receives regular training which includes Health Education, use of Health Alert Network, Risk Communication, Exercise/Train/Evaluation, Planning with County Partners. Partners include County Emergency Management, local Hospitals, County Prosecutor's Office, County Office of Education, and Regional County Health Departments along with several others.

## 2016 Camden County Department of Health & Human Services Trainings and Conferences

### *Annual Local Boards of Health Summit*

#### **What is a Board of Health?**

A Board of Health works in collaboration with the Health Officer to assure that organizational activities are meeting the needs of the community.

The Camden County Department of Health and Human Services along with the Camden County Board of Freeholders hosted its second Annual Local Boards of Health Summit on October 13, 2016 at the Camden County Boat House. Representatives from Camden County Boards of Health were invited for an evening of orientation and training from a host of panelist who spoke about ***Policy, Environmental and Systems Change in our Community: Funding, Training, and Technical Assistance Opportunities.***



**Each municipality represented received invaluable information from the following presenters:**

- *Valeria Galarza, Senior Project Manager at Cooper's Ferry Partnership-Get health Camden*
- *Kim Burns, Southern Regional Coordinator for Tobacco Free for a Healthy NJ*
- *Deborah Levine, NJ Health Care Quality Institute-Mayor's Wellness Campaign*
- *Chris Waldron, Director of Sustainability and Shared Services for Camden County*
- *Sean Schweitzer, Safe Routes to Schools Coordinator, Cross County Connection Transportation Management Association*
- *Robin Waddell, Rutgers Cooperative Extension-Southwest SNAP-Ed Network*

## **Camden County Medical Reserve Corps**

There are currently 320 Medical Reserve Corps volunteers registered with Camden County. They include but are not limited to doctors, nurses, EMTs, public health professionals, and community members. In 2016 the MRC had one deployment which was organized by the NJ Department of Health to assemble Zika Prevention Kits for pregnant women in Trenton on August 10<sup>th</sup>, 2016. The Camden County MRC also received an award for \$15,000 to do work in a specific “challenge area” in their community. As part of this Challenge Award, the Camden County MRC will focus on being champions in their own community and signing up Closed Points of Distribution (PODS) or Fixed Facilities.

## **Division of Environmental Health and Consumer Health Services Emergency Response (Hazardous Materials)**

### *County Environmental Health Act (CEHA)*

Camden County Department of Health is certified by NJDEP to perform investigation, enforcement, and regulation of air pollution, solid waste disposal, recycling enforcement, emergency, and terrorism response, hazardous waste storage and disposal, underground storage tanks, surface and ground water pollution, and noise. In addition to directly providing these services, Camden County coordinates Hazardous Materials Emergency Response services through inter-local agreements with five local fire/hazmat units.

Camden County’s Hazardous Materials Response Unit is responsible for development and maintenance of standardized hazardous materials (*Hazmat*) and CBRNE (*Chemical, Biological, Radiological, Nuclear, and Explosive*) emergency response capability, capacity, and competence. Camden County Department of Health and Human Services has highly trained and equipped personnel that respond to Hazmat and CBRNE emergencies and conduct environmental investigations in coordination with the N J Department of Environmental Protection (*NJDEP*), the NJ Department of Health and Senior Services (*NJDHSS*), and the N J State Police (*NJSP*) Special Operations Section.

The Hazardous Materials Response Unit provides exceptional hazardous materials and environmental response services to the citizens of Camden County. The unit handles a broad range of complaints each year from private citizens, business interests, industrial facilities, and other public agencies. They vary in nature from small residential spills of household chemicals and heating oil to large-scale industrial spills, fires, illegal dumping and over the road accidents involving cargo spills or releases of motor vehicle fluids. Our hazmat unit is available to respond to any Hazmat/CBRNE incident in Camden County on a 24 hour per day /365 day per year.

The Hazmat Unit continues to be involved in domestic preparedness planning for the county. The Unit Director regularly participates in planning meetings with Camden County OEM. Based on planning initiatives, response protocols may be revised to improve our response capabilities. Coordination with the county OEM and Fire Marshall has resulted in an integrated network of

primary and secondary departments for mutual aid including Hazmat/CBRNE response and mass decontamination.

### *Neutralizing an acid spill in Camden County*



### **CEHA Unit Septic and Well**

All individual sewage disposal system plan review, installation, repair, and compliance certificate are accomplished by our Septic and Well section. This group also is responsible for the review of private potable wells results & Private Well Testing Act information distribution. Recently our staff has begun a thorough evaluation of Public Non-community water systems within our County to insure the proper compliance with Federal and State Regulations.

### **Food Surveillance**

The Food Surveillance Unit's purpose is the prevention of food borne illness which may derive from retail food establishments. To deliver this purpose this unit focuses its inspection efforts to facilities that may present a greater risk of food borne illness. This approach and enforcement of NJAC 8:26 are known as Risk-Based Inspection. Retail establishments must be inspected at least once during each year, school facilities are inspected twice each year.

Additionally, a 24/7 Non-Hazardous Emergency Response system is in place to respond to fire and/or natural disasters involving food and/or health care facilities where a potential for contamination of food products exists. Annually retail food inspections are performed utilizing tablet computers. Inspection findings are captured and recorded during the course of each inspection and uploaded in real-time to our web-based inspection system.



### *Benefits of Digital Inspections*

- Increased Productivity and Accountability.
- Electronic Record Management and Access.

- Provides Public Records Request (OPRA).
- Standardized Inspection Methods and Reporting.
- Improved Compliance.
- Reduction in Enforcement Actions.

### *Constituent Benefits*

- Educates consumer on inspection process and outcomes.
- Reports inspection results on facilities of consumer interest i.e. child's day care or school, local market, favorite restaurant, etc.
- Reports on emerging food related events i.e. food related bioterrorism, food recalls, facility closures, and food related outbreaks.

### *Industry Benefits*

- Standardized inspection format easy to read, interpret, and translate.
- Critical violations are printed first with timelines for correction.
- Establishment with a good inspection history will see increased business.

## **Multiple Dwelling Housing Inspections**

### *State Local Cooperative Housing Inspection Program (SLCHIP)*

The Camden County Health Department's Multiple Dwelling Housing Unit is an authorized agent of the NJ Department of Community Affairs Bureau of Housing Inspections. As an authorized agent the Unit is responsible for ensuring that hotels, motels and multiple-family buildings of three or more dwelling units operating within Camden County are properly maintained and do not pose a threat to the health, safety and welfare of their residents, nor the community in general.

These objectives are achieved by licensed multiple dwelling inspectors conducting five year cyclical and compliance inspections of all hotels, motels and multiple dwellings. Condominiums, Cooperatives and Mutual Housing Corporations fall within the definition of multiple dwelling, and as such, are subject to its provisions.

In addition to the Environmental Programs highlighted above the following services are also provided: *Air Pollution Control, Community Noise Control, Pet Shop & Kennel Inspections, Public Health Nuisance Complaints, Right To Know (RTK), Public Recreational Bathing & Youth Camps, Residential Underground Storage Tank, Pesticide Investigation, Solid Waste Program, Tobacco Enforcement, Body Art, and Water Quality.*

# Contact Information

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**Camden City Health Center**

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