

JANUARY 2024: LUNCHEON MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Sites Closed HAPPY NEW YEAR!	2	1 cup Baked Ziti/2 oz. Tomato Sauce 3 oz. Italian Pork Sausage ½ c. Green Beans 1.3 oz Italian Roll ½ c Peach Halves 8 oz 2% Milk	3	3 oz Roasted Chicken Breast 2 oz Gravy ½ c. Corn Bread Stuffing ½ c Corn, Peas, Carrot Mix 1 Slice Wheat Bread ½ cx Tropical Fruit Salad (guava, pineapple, papaya) 8 oz 2% Milk	4	3 oz Fillet of Fish 1 Hamburger Roll ½ c Buttered Corn ½ c Broccoli 1 Tartar Sauce ½ c. Chocolate or Rice Pudding 8 oz 2% Milk	5	3 oz. Hamburger w/ ½ oz. Cheese Lettuce and Tomato Slices Hamburger Bun/Mustard/Ketchup ½ c. Baked Beans ½ c. Steamed Potato ½ c Fruit Cocktail (peaches, pears, pineapple, cherry, grapes) 8 oz 2% Milk
8		3 oz. Chicken Marsala 2 oz. Mushroom Marsala Sauce ½ c Rice ½ c Italian Blend (gr. beans, broc. Zucchini, carrot) 1.1 oz Roll 4 oz. Cake 8 oz 2% Milk	9	½ c. Oatmeal/Raisins 3 oz Cheese Omelet ½ c Roasted Potatoes, Onion, Peppers 1 slice Bread Ketchup ½ c Fruit Jello 8 oz 2% Milk	10	6 oz Beef Burgundy w/2oz sauce ½ c Elbow Macaroni ½ c Corn 1 Slice Wheat Bread 4 oz Chocolate Ice Cream 8 oz 2% Milk	11	3 oz Turkey 2.0 oz. Hoagie Roll ½ c Lettuce and Tomato ½ c. Cole Slaw 1 Mayonnaise packet ½ c Pears 8 oz 2% Milk	12
15	Sites CLOSED in observance of Martin Luther King’s Birthday	16	3 oz BBQ Pulled Pork ½ c Sweet Potatoes ½ c Italian Green Beans 1 Slice Wheat Bread ½ c. Peaches 8 oz 2% Milk	17	6 oz Beef & Bean Chili ½ c Brown Rice ½ c Mixed Vegetables (corn, peas, limas, gr. beans, carrots) 1.1 oz. Dinner Roll ½ c Jello w/Topping 8 oz 2% Milk	18	½ c. Chicken Salad ½ c Lettuce & Tomato 2 oz. Hoagie Roll ½ c Carrot Raisin Salad ½ c Fruit Cocktail (peaches, pears, pineapple, cherry, grapes) 8 oz 2% Milk	19	3 oz Breaded Fish ½ c Macaroni & Cheese ½ c. Stewed Tomatoes/Zucchini 1 Slice Wheat Bread Ketchup/Tartar Sauce ½ c Vanilla Pudding 8 oz 2% Milk
22		3 oz. Roast Beef 2 oz. Gravy ½ c. Mashed Potatoes ½ c. Peas and Carrots 1 slice Whole Wheat Bread ½ c. Vanilla Ice Cream 8 oz 2% Milk	23	3 oz. Chicken Parmesan 8 oz. Rigatoni/2 oz. Tomato Sauce ½ c Broccoli 1 c Green Salad/Tomato/Italian Drsg 1 slice Wheat Bread Parmesan Cheese ½ c Fruit Cocktail (peaches, pears, pineapple, cherry, grapes)/8 oz 2% Milk	24	3oz. BBQ Pork Riblet w/Sautéed Onions ½ c Baked Beans ½ c Green Beans 1.4 oz. Hamburger Roll ½ c Applesauce 8 oz 2% Milk	25	3 oz Tuna Salad on Lettuce Leaf ½ c. Macaroni Salad ½ c 3 Bean Salad 1 slice Wheat Bread Mayonnaise ½ c. Chocolate Pudding 8 oz. 2% Milk	26
29	3 oz Chicken Caesar Salad (3 oz. chicken, 1 c. romaine lettuce, dressing) ½ c Potato Salad 1 Slice Wheat Bread ½ c. Pineapple Chunks 8 oz 2% Milk	30	3 oz. Philly Chicken Steak Sandwich w/1/2 oz. cheese on 2oz Roll 1 oz Fried Onions ½ c. Oven Roast Potatoes ½ c Buttered Peas 1 pkt. Ketchup ½ c. Tapioca Pudding/8 oz. 2% Milk	31	3 oz Ham Slice 2 oz. Pineapple Sauce ½ c Mashed Sweet Potatoes ½ c Cabbage 1 Slice Wheat Bread Birthday Cake 8 oz 2% Milk				

JANUARY 2024: SOCIAL SCHEDULE

(all schedules subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>1</div> <div>ALL SITES CLOSED: New Year's Day</div>	<div>2</div> <div>ShopRite 11:45am Exercise with Lewan 12:00pm Lunch Dollar Tree</div>	<div>3</div> <div>Walmart 11:45am Exercise with Lewan 12:00pm Lunch Dollar Tree</div>	<div>4</div> <div>Walmart 12:00pm Lunch 12:35pm Game Day with LuLu and Mike R.</div>	<div>5</div> <div>Kohl's Exercise with Lewan 12:00pm Lunch 12:35pm Game Day with Mike R & LuLu</div>
<div>8</div> <div>Ocean State Job Lot 11:45am Exercise with Lewan 12pm Lunch 12:30pm Aversa's Bakery</div>	<div>9</div> <div>Ocean State Job Lot 12:00pm Lunch 12:30pm Special Project with Lewan \$5.00</div>	<div>10</div> <div>ShopRite 12:00pm Lunch 12:30pm Special Project with Lewan \$5.00</div>	<div>11</div> <div>Amish Market 11:45am Exercise with Lewan 12pm Lunch 12:30pm Bingo with Mike R</div>	<div>12</div> <div>Amish Market 12:00pm Lunch 12:30pm Bingo with Mike R</div>
<div>15</div> <div>ALL SITES CLOSED: Martin Luther King, Jr Birthday, observed</div>	<div>16</div> <div>Target 11:45am Exercise with Lewan 12:00pm Lunch</div>	<div>17</div> <div>Target 11:45am Exercise with Lewan 12:00pm Lunch</div>	<div>18</div> <div>Kohl's, Dollar Tree 11:45am Exercise with Lewan 12:00pm Lunch Bingo with LuLu and Mike R</div>	<div>19</div> <div>Acme, Ross 12:00pm Lunch 12:30pm Special Project with Lewan \$5.00</div>
<div>22</div> <div>Aldi 11:45am Exercise with Lewan 12pm Lunch 12:30pm Aversa's Bakery</div>	<div>23</div> <div>Lidl, Big Lots 12:00pm Lunch Games with LuLu and Mike R</div>	<div>24</div> <div>Walmart 12:00pm Lunch Heritage's</div>	<div>25</div> <div>Lidl, Big Lots 12:00pm Lunch Bingo with Mike R</div>	<div>26</div> <div>Ross, Burlington 11:45am Exercise with Lewan 12:00pm Lunch Bingo with Mike R & LuLu</div>
<div>29</div> <div>Walmart 11:45am Exercise with Lewan 12:00pm Lunch Games with LuLu and Mike R</div>	<div>30</div> <div>Acme 11:45am Exercise with Lewan 12:00pm Lunch</div>	<div>31</div> <div>Kohl's 12:00pm Lunch</div>		