

AUGUST 2023: LUNCHEON MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 3 oz. Beef Cheese Steak Sandwich Fried Onions/1.6 oz. Hoagie Roll ½ c. Home Fried Potatoes ½ c. Succotash (corn/lima beans) ½ c. Mixed Melon (cantaloupe, watermelon) 8 oz. 2% Milk	2 8 oz. Pea Soup 3 oz. Crab Cake/Tartar/Cocktail Sauce ½ c. Macaroni and Cheese ½ c. Stewed Tomato/Zucchini 1 slice Wheat Bread Fresh Nectarine 8 oz. 2% Milk	3 Turkey Hoagie (3 oz. Meat/Cheese, Hoagie Roll) ½ c. Lettuce and Tomato ½ c. Potato Salad 1 packet Mayonnaise Apple 8 oz. 2% Milk	4 3 oz. Chicken Florentine/2 oz. Sauce ½ c. Rice/½ c. Carrots 1 c. Tossed Salad/Tomato 2 T. Creamy Italian Dressing 1 slice Wheat Bread Sugar Cookies 8 oz. 2% Milk
7 1 cup Beef and Macaroni (3 oz. EP Beef)/¼ c. Tomato Sauce ½ c. Mixed Vegetables 1.4 oz. Hamburger Roll Parmesan Cheese ½ c. Fruit Cocktail (pineapple, peach, pear, grapes, cherries)/8 oz. 2% Milk	8 3 oz. Cheese Omelet ½ c. Roasted Potatoes, Peppers, Onions ½ c. Spinach 1 slice Wheat Bread ½ c. Mandarin Oranges 8 oz. 2% Milk	9 3 oz. Beef Salisbury Steak 2 oz. Gravy ½ c. Scalloped Potatoes ½ c. Broccoli 1 slice Whole Wheat Bread ½ cup Watermelon 8 oz. 2% Milk	10 8 oz. Baked Potato Soup/ Crackers 4 oz. Turkey Salad Lettuce Leaf w/ Sliced Tomato 4 oz. Pickled Beets 1 slice Wheat Bread ½ c. Chocolate Pudding 8 oz. 2% Milk	11 3 oz. Chicken Parmesan 4 oz. Pasta 2 oz. Tomato Sauce ½ c. Garlic Green Beans 1 slice Wheat Bread Parmesan Cheese Banana/8 oz. 2% Milk
14 3 oz. Breaded White Fish ½ c. Macaroni & Cheese ½ c. Stewed Tomatoes 1 slice Wheat Bread/ Ketchup/Tartar Sauce ½ c. Cantaloupe 8 oz. 2% Milk	15 8 oz. Minestrone Soup/ Crackers 3 oz. BBQ Chicken Leg ½ c. Mashed or Red Skin Potatoes ½ c. Green Peas and Carrots 1.4 oz. Roll ½ c. Mandarin Oranges 8 oz. 2% Milk	16 8 oz. Spaghetti /3oz Pork Sausage 2 oz. Tomato Sauce/Parm. cheese 1 c. Tossed Salad/Tomato 1 pack Italian Dressing ½ c. Capri Blend Vegetables (squash, green beans, broccoli, carrots, cauli., peppers, lima beans)/1.1 oz. Dinner Roll 4 oz. Cake/8 oz. 2% Milk	17 8 oz. Beef Barley Soup/Crackers 3 oz. Tuna Salad on Lettuce Leaf w/ Sliced Tomato ½ c. Macaroni Salad ½ c. 3 Bean Salad 1 slice Wheat Bread 1 Pear 8 oz. 2% Milk	18 3 oz. Hot Roast Beef Sandwich 2 oz. Gravy ½ c. Garlic Mashed Potatoes ½ c. Brussels Sprouts 1.1 oz. Dinner Roll ½ c. Applesauce 8 oz. 2% Milk
21 3 oz. Beef Pepper Steak/Pepper/Onion ½ c. Brown Rice ½ c. Oriental Mix (broc., carrots, corn, gr. beans, onion, snap peas, bamboo shoot, pepper) 1.1 oz. Dinner Roll Oranges 8 oz. 2% Milk	22 3 oz. Roast Pork 2 oz. Gravy ½ c. Sweet Potato & Apples ½ c. Harvard Beets 1 Slice Whole Wheat Bread ½ c. Rice Pudding 8 oz. 2% Milk	23 8 oz. Chicken Vegetable Soup Crackers 3 oz. Cheese Omelet ½ c. Roasted Potatoes, Peppers, Onions ½ c. Spinach 1 slice Wheat Bread 1 peach/8 oz. 2% Milk	24 8 oz. Cream of Broccoli Soup/Crackers Chicken Caesar Salad 1 c. Romaine Mix/3 oz. chicken ½ c. Pasta Salad/Parmesan Cheese 1 pack Italian Dressing/CROUTONS 1.1 oz. Dinner Roll Oatmeal cookies 8 oz. 2% Milk	25 4 oz. Beef Cheeseburger 1.4 oz. Hamburger Roll Lettuce/Tomato ½ c. Buttered Corn ½ c. Italian Green Beans ½ c. Watermelon 8 oz. 2% Milk
28 3 oz Sliced Ham /2oz. Pineapple Sce ½ c. Mashed Sweet Potatoes ½ c. Cabbage 1 slice Wheat Bread 4 oz. Choc Ice Cream 8 oz. 2% Milk	29 6 oz. Vegetable Soup/Crackers 3 oz. Beef Swedish Meatballs 2 oz. Gravy ½ c. Buttered Noodles ½ c. Broccoli 1 slice Wheat Bread Fresh Banana/8 oz. 2% Milk	30 Labor Day Celebration! 3 oz Riblet, 2oz. BBQ Sauce Sautéed Onions ½ c. Oven Fried Potatoes ½ c. Mixed Vegetables (carrots, peas, corn, green beans, lima beans) 1.4 oz. Hamburger Roll 1 slice Apple pie/8 oz. 2% Milk	31 8 oz Lentil Soup/Crackers 4 oz. Chicken Salad Hoagie with Lettuce and Tomato ½ c Carrot Raisin Salad ½ c. Watermelon 8 oz. 2% Milk	

AUGUST 2023: SOCIAL SCHEDULE *(all schedules subject to change)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Shoprite 11:45am Exercise with Lewan, dining room 12:40pm prize BINGO!	2 Burlington Coat Factory 11:45am Exercise with Lewan, dining room 12:30pm Camden County Clerk, presentation	3 Walmart 12:40pm Duffield's Farm Market	4 Amish Market 11:45am Exercise with Lewan, dining room 12:30pm prize BINGO!
7 Lidl 11:45am Exercise with Lewan, dining room 12:30pm Activity Committee, room 105	8 Red, White & Blue Thrift 12:30pm Activity Committee, room 105	9 Shoprite 12:30pm Five Below	10 Lidl 11:45am Exercise with Lewan, dining room 12:40pm prize BINGO	11 Walmart 12:30pm Stella's Farm Market
14 Ollie's 12:30pm Aversa's Bakery	15 Christmas Tree Shoppe 11:45am Exercise with Lewan, dining room 12:30pm Dollar Tree	16 Ross, AC-A-ME 11:45am Exercise with Lewan, dining room 12:40pm prize BINGO	17 Amish Market 12:30pm Camden County Clerk, presentation	18 Ocean State Job Lot 11:45am Exercise with Lewan, dining room 12:40pm prize BINGO!
21 Trader Joe's 11:45am Exercise with Lewan, dining room 12:30pm DelBuono's Bakery	22 Ross, Burl Coat Factory 12:30pm Five Below	23 Aldi 12:30pm Stella's Farm Market	24 Aldi 11:45am Exercise with Lewan, dining room 12:40pm prize BINGO	25 Shoprite 12:30pm Duffield's Farm Market
28 Walmart 12:40pm prize BINGO	29 Walmart 11:45am Exercise with Lewan, dining room 12:40pm Stella's Farm Market	30 Barnes & Noble, Home Goods 11:45am Exercise with Lewan, dining room 12:40pm prize BINGO	31 Shoprite, Entenmann's Outlet 12:30pm Aversa's Bakery	