

SEPTEMBER 2024: LAKE LAND (all schedules subject to change)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>All Sites CLOSED in observance of Labor Day</p>	<p>3</p> <p>ShopRite OR Stella's 12:00pm Lunch 12:30pm Rita's Water Ice</p>	<p>4</p> <p>ShopRite 12:00pm Lunch 12:30pm Dollar Store 12:30pm Activity Committee Mtg, Room 105</p>	<p>5</p> <p>Ocean State Job Lots 12:00pm Lunch 12:30pm Prize POKENO</p>	<p>6</p> <p>Walmart 12:00pm Lunch 12:30pm Horticulture Therapy</p>
<p>9</p> <p>Boscov's 12:00pm Lunch 12:30pm Gentle Yoga</p>	<p>10</p> <p>Ross (discount day!) 12:00pm Lunch 12:30pm Prize BINGO</p>	<p>11</p> <p>Hispanic Food Market 12:00pm Lunch 12:30pm Prize BINGO 12:30pm Dollar Store</p>	<p>12</p> <p>Amish Market 12:00pm Lunch 12:30pm Prize BINGO</p>	<p>13</p> <p>Amish Market 12:00pm Lunch 12:30pm Prize POKENO</p>
<p>16</p> <p>Walmart 12:00pm Lunch 12:30pm Blair Mountain Biscuit Co.</p>	<p>17</p> <p>Walmart 12:00pm Lunch 12:30pm Dollar Store</p>	<p>18 10:30am Horticulture Therapy** 12:00pm Lunch 12:30pm Bringhurst or Stella's</p>	<p>19</p> <p>Lidl/Big Lots 12:00pm Lunch 12:30pm Gentle Yoga</p>	<p>20</p> <p>Grocery Outlet 12:00pm Lunch 12:30pm Blair Mountain Biscuit Co.</p>
<p>23</p> <p>Hispanic Food Market 12:00pm Lunch 12:30pm Prize BINGO</p>	<p>24</p> <p>10:30am Horticulture Therapy** 12:00pm Lunch 12:30pm Prize BINGO 12:30pm Dollar Store</p>	<p>25</p> <p>Aldi 12:00pm Lunch 12:30pm Prize POKENO</p>	<p>26</p> <p>Grocery Outlet 12:00pm Lunch 12:30pm Blair Mountain Biscuit Co.</p>	<p>27</p> <p>Ocean State Job Lots 12:00pm Lunch 12:30pm Prize BINGO</p>

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**Lidl/Big Lots
12:00pm Lunch
12:30pm Duffield's Market**

****Please only register for Horticulture Therapy if you are planning to attend as seating is very limited.**

****Please note time of Horticulture Therapy on 9/18 & 9/24.

Shopping will be in afternoon on 9/18 & 9/24.

****Craft floor will be closed during Horticulture Therapy Classes.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">2</p> <p style="text-align: center;">Sites Closed in Observance of Labor Day</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">Labor Day Celebration! 3 oz Riblet, 2oz. BBQ Sauce Sautéed Onions ½ c. Oven Fried Potatoes ½ c. Mixed Vegetables (carrots, peas, corn, green beans, lima beans) 1.4 oz. Hamburger Roll 1 slice Apple Pie</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">6 oz. Vegetable Soup/Crackers 3 oz. Beef Swedish Meatballs 2 oz. Gravy ½ c. Buttered Noodles ½ c. Broccoli 1 slice Wheat Bread Banana</p>	<p style="text-align: center;">5</p> <p style="text-align: center;">8 oz Lentil Soup/Crackers 4 oz. Chicken Salad Sandwich Lettuce and Tomato ½ c Carrot Raisin Salad ½ c. Watermelon</p>	<p style="text-align: center;">6</p> <p style="text-align: center;">3 oz Roasted Turkey 2oz Gravy ½ c. Bread Stuffing ½ c. Glazed Carrots 1 slice Whole Wheat Bread ½ c tropical fruit salad</p>
<p style="text-align: center;">9</p> <p style="text-align: center;">3 oz. low sodium Beef Hot Dog 2 oz. Sauerkraut/½ c. Baked Beans ½ c. Zucchini carrot mix 1.4 oz. Hot Dog Roll 1 Ketchup/Mustard Packet ½ c. Canned Peaches</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">6 oz. Sweet and Sour Chicken w/ peppers and onions ½ c. Brown Rice ½ c. Japanese Vegetables 1.1 oz. Roll ½ c. Vanilla Pudding</p>	<p style="text-align: center;">11</p> <p style="text-align: center;">8oz Chicken Rice Soup/ Crackers ½ c. Tuna Salad ½ c. Potato Salad ½ c. Cucumber Salad 1 slice Wheat Bread Fresh Orange</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">3 oz. Beef Meatballs ½ c. Cheese Ziti 2 oz. Marinara Sauce ½ c. Green Beans Parmesan Cheese 2 oz. Hoagie Roll ½ c. Pears</p>	<p style="text-align: center;">13</p> <p style="text-align: center;">Chef's Salad/Tomato and 3 oz. Ham, Turkey, Egg and Cheese ½ c. Pasta Salad/Parmesan Cheese 2 T. French Dressing 1 slice Wheat Bread ½ c. Pineapple</p>
<p style="text-align: center;">16</p> <p style="text-align: center;">8 oz. Tomato Soup/ Crackers 3 oz. Beef Meatloaf 2 oz. Gravy ½ c. Mashed Potatoes ½ c. Beets 1 slice Wheat Bread Brownie</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">3 oz. Chicken Cheese Steak Fried Onions 1.6 oz. Hoagie Roll ½ c. Home Fried Potatoes ½ c. Succotash (corn/lima beans) Banana</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">8 oz. Pea Soup 3 oz. Breaded Fish/Tartar/Cocktail Sauce ½ c. Macaroni and Cheese ½ c. Stewed Tomato/Zucchini 1 slice Wheat Bread ½ c. Peaches</p>	<p style="text-align: center;">19</p> <p style="text-align: center;">Turkey Hoagie (3 oz. Meat/Cheese, Hoagie Roll) ½ c. Lettuce and Tomato ½ c. Potato Salad 1 packet Mayonnaise Apple</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">3 oz. Chicken Alfredo/2 oz. Sauce 1 c. Pasta, ½ c. Broccoli 1 c. Tossed Salad/Tomato 2 T. Creamy Italian Dressing 1 slice Wheat Bread Sugar cookies</p>
<p style="text-align: center;">23</p> <p style="text-align: center;">3 oz. Beef Sloppy Joe/ ½ c. Noodles ½ c. Mixed Vegetables (carrots, corn, gr. beans, lima beans) 1.4 oz. Sandwich Roll Parmesan Cheese Fruit cocktail</p>	<p style="text-align: center;">24</p> <p style="text-align: center;">3 oz. Cheese Omelet ½ c. Roasted Potatoes, Peppers, Onions ½ c. Spinach 1 slice Wheat Bread ½ c. Mandarin Oranges</p>	<p style="text-align: center;">25</p> <p style="text-align: center;">3 oz. Chicken Parmesan 4 oz. Pasta 4 oz. Tomato Sauce ½ c. Garlic Green Beans 1 slice Wheat Bread Parmesan Cheese Banana</p>	<p style="text-align: center;">26</p> <p style="text-align: center;">3 oz. Beef Salisbury Steak 2 oz. Gravy ½ c. Scalloped Potatoes ½ c. Carrots 1 slice Whole Wheat Bread Birthday Cake</p>	<p style="text-align: center;">27</p> <p style="text-align: center;">8 oz. Baked Potato Soup/ Crackers 4 oz. Seafood Salad Lettuce Leaf w/ Sliced Tomato 4 oz. Pickled Beets 1 slice Wheat Bread ½ c. Chocolate Pudding</p>

<p style="text-align: center;">30</p> <p>3 oz. Breaded White Fish ½ c. Macaroni & Cheese ½ c. Stewed Tomatoes 1 slice Wheat Bread Ketchup/Tartar Sauce ½ c. Tropical Fruit Salad (pineapple, papaya)</p>				<p>*Unless otherwise noted, all lunches will be served with 8oz 2% milk *Menu is subject to change</p>
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