

FEBRUARY 2023: LUNCHEON MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 3oz Ham 2 oz Pineapple Sauce 1/2c Mashed Sweet Potatoes 1/2 c Cabbage Wheat bread 1/2 c fruited Jello 8oz 2% Milk</p>	<p>2 8oz Navy Bean Soup/Crackers 3 oz Chicken Caesar Salad (3oz Chicken, 1c Romaine Lettuce/Dressing/Croutons) 1/2 c. Potato Salad 1.1 oz Dinner Roll 1/2c Peaches 8 oz. 2% Milk</p>	<p>3 3 oz Beef Salisbury Steak/ 2 oz Gravy 1/2 c Sliced Paprika Potatoes 1/2 c Broccoli 1 Slice Wheat Bread Fresh Apple 8 oz 2% Milk</p>
<p>6 3 oz Baked Chicken 1/2c Scalloped Potatoes 1/2c Cali Mixed Vegetables 1.1 oz Dinner Roll 1/2c Mandarin Oranges 8 oz 2% Milk</p>	<p>7 8oz Pea Soup/Crackers 3oz Crab Cake/Tartar Sauce/Ketchup 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes Wheat Bread Banana 8oz 2% Milk</p>	<p>8 8oz Spaghetti/ 3oz Beef Meatballs/2oz Tomato Sauce 1/2c Italian Green Beans 1.1 oz Dinner Roll 1/2c Pineapple Chunks 8 oz 2% Milk</p>	<p>9 8oz Chicken Noodle Soup/ Crackers 1/2 c. Ham Salad/Lettuce/Tomato 1/2 c. Macaroni Salad 1/2c 3 Bean Salad Wheat Bread 1/2c Butterscotch Pudding 8 oz 2% Milk</p>	<p>10 3 oz. Cheese Omlette 1/2 c. Sliced Paprika Potatoes/ Peppers & Onions 1/2c Spinach Wheat Bread 1/2c Pears 8 oz 2% Milk</p>
<p>13 3 oz Swedish Meatballs/ 2oz Gravy/1/2c Buttered Noodles 1/2c Sliced Carrots Wheat Bread 1/2c Lemon or Orange Sherbert 8oz 2% Milk</p>	<p>14 8oz Minestrone Soup/Crackers 1 cup Baked Ziti/2oz Tomato Sauce 3 oz. Italian Pork Sausage 1/2 c. Green Beans 1.3 oz Italian Roll *Valentine's Day Surprise* 8 oz 2% Milk</p>	<p>15 3oz Roasted Chicken Breast/ 2oz Gravy 1/2c Corn Bread Stuffing 1/2c Corn,Peas, Carrot Mix Wheat Bread 1/2c Tropical Fruit Salad 8 oz 2% Milk</p>	<p>16 8oz Vegetable Soup/Crackers 3oz Egg Salad on Lettuce leaf/Sliced Tomato 1/2c Pasta Salad 1/2c Beet Salad Wheat Bread 1/2c Chocolate or Rice Pudding 8 oz 2% Milk</p>	<p>17 3oz Hamburger w/1/2oz Cheese,Lettuce & Tomato Slice Hamburger Bun/Mustard/Ketchup 1/2c Steamed Potato 1/2c Baked Beans 1/2c Fruit Cocktail 8 oz 2% Milk</p>
<p>20 CENTER CLOSED in observance of PRESIDENTS' DAY</p>	<p>21 8oz Vegetable Barley Soup/ Crackers 6 oz Beef Burgundy/ 2oz Sauce/1/2 c Elbow Macaroni 1/2 c Corn/1 Slice Wheat Bread 4 oz Chocolate Ice Cream 8 oz 2% Milk</p>	<p>22 3 oz Cheese Omlette 1/2 c Roasted Potatoe, Onions,Peppers 1/2 c Stewed Tomatoes Wheat Bread Birthday Cake 8oz 2% Milk</p>	<p>23 8oz Cream of Potato Soup/ Crackers 3 oz Turkey/Mayonnaise 2.0 oz. Hoagie Roll 1/2 c. Cole Slaw 1/2 c Lettuce and Tomato 1/2 c Pears 8oz 2% Milk</p>	<p>24 1c Vegetable & Cheese Lasagna 2oz Tomato Sauce 1/2c Spinach 1/2c Broccoli 1.3oz Italian Roll 1/2c Applesauce 8oz 2% Milk</p>
<p>27 8oz Broccoli Cheese soup/Crackers 3oz Beef Meatloaf/2oz Gravy 1/2c Scalloped Potatoes 1/2 Glazed Carrots/1.1 oz Dinner Roll Fresh Orange or Fresh Fruit in Season 8oz 2% Milk</p>	<p>28 3oz BBQ Roast Pork Loin Roast 1/2c Sweet Potatoes 1/2c Italian Green Beans Wheat Bread 1/c Peaches 8oz 2% Milk</p>			

FEBRUARY 2023: SOCIAL SCHEDULE (all schedules subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Big Lots 12:30pm Activities Committee, room 105	2 Walmart 12:30pm Game Day with Mike & Maria	3 Shoprite, Dollar Store
6 Aldi 12:30pm Bingo with Mike & Maria	7 Shop Rite, Dollar General 12:30pm Activity Committee, room 105	8 Walmart, Dollar Tree 12:30pm CANDY BAR BINGO with Mike and Maria!	9 Amish Market	10 Amish Market
13 Big Lots 12:30pm Game Day with Mike & Maria	14 Burlington, Marshall	15 Ross, Acme 12:30pm BINGO with Mike and Maria!	16 Aldi 12:30pm "BAG" Bingo with Mike & Maria!	17 Shoprite 12:30pm "BAG" Bingo with Mike & Maria!
20 CENTER CLOSED in observance of PRESIDENTS' DAY	21 Acme, Ross	22 Burlington Coat Factory 12:30pm CANDY BAR Bingo with Mike and Maria!	23 Target, Big Lots	24 Marshall's, Ross 12:30pm BINGO with Mike & Maria!
27 Big Lots or Aldi	28 Goodwill, DelBuono's Bakery 12:30pm BINGO with Mike & Maria!			