

## About the Program

Each of New Jersey's 21 counties maintains a Special Child Health Services (SCHS) Case Management Unit (CMU). These programs are funded by the New Jersey Department of Health and each county's Board of Commissioners. Their mission is to promote access to preventative and primary care for children and youth with special health care needs from birth up until their 22<sup>nd</sup> birthday.

## Goal

The goal of SCHS CMUs is to provide comprehensive, coordinated, culturally competent case management services to families with children and youth with special health care needs.

## Are there income requirements for SCHS Case Management?

No, there are no income requirements for case management through SCHS Case Management Units.



## County Case Management Units

Atlantic County	(609) 909-9269
Bergen County	(201) 634-2621
Burlington County	(609) 914-8550
Camden County	(856) 374-6021
Cape May County	(609) 465-6841
Cumberland County	(856) 327-7602
Essex County	(973) 395-8473
Gloucester County	(856) 218-4111
Hudson County	(201) 204-0004 Opt. 7
Hunterdon County	(908) 788-6399
Mercer County	(609) 588-8460
Middlesex County	(732) 745-3100
Monmouth County	(732) 224-6950
Morris County	(973) 971-4155
Ocean County	(732) 806-3930
Passaic County	(973) 523-6778
Salem County	(856) 935-7510 ext. 8305
Somerset County	(908) 725-2366
Sussex County	(973) 948-5239
Union County	(908) 889-0950 ext. 2544
Warren County	(908) 475-7960

## New Jersey Department of Health Family Centered Care Services (FCCS)

(609) 777-7778

Scan to visit the NJDOH  
Special Child Health  
Services Case  
Management website



<https://www.nj.gov/health/fhs/specialneeds>

# Special Child Health Services Case Management



New Jersey has made a commitment to assist families caring for children with complex, chronic, or acute medical and developmental disabilities.

Family Centered Care Services (FCCS) is a program within Special Child Health Services at the New Jersey Department of Health. FCCS oversees the Case Management Units (CMUs) in each of New Jersey's 21 counties.



# Frequently Asked Questions

## Who is eligible for Special Child Health Services Case Management?

- Any child living in New Jersey from birth until their 22nd birthday with special health care needs or at risk for developmental delay. Legal citizenship is not required.
- Special health care needs include, but are not limited to:
  - Long-term medical conditions
  - Autism
  - Physical disabilities
  - Birth defects
  - Developmental disabilities
  - Traumatic brain injuries

## Is there any cost for the services provided by Special Child Health Services Case Management?

- There is **no cost** to receive assistance from a case manager.
- The New Jersey Department of Health, together with each individual Board of County Commissioners, fund the case management units in New Jersey's 21 counties.



## Who is a Case Manager?

- A case manager is a nurse or social worker who will work with the family to help them to find programs and services to assist with their child's special needs.

## What does a Case Manager do?

- Provides information to parent(s) of children with special health care needs in 21 county-based units.
- Makes referrals to and/or assist families to access state, federal and community resources which may include, but are not limited to:
  - NJ FamilyCare
  - Early Intervention Services
  - Social Security Income (SSI)
  - Local charitable organizations
  - NJ Children's System of Care
- Works with the child's parent(s)/guardian(s), physician, and/or specialists to evaluate the child's strengths and needs
- Collaborates with the family and community-based partners to develop an Individual Service Plan for the child and family
- Assists youth and their families in the process of transitioning to adulthood

## What are transition to adulthood services?

- Case Managers assist youth to transition to all aspects of adult life which include, but are not limited to:
  - Adult healthcare and insurance
  - Primary care provider
  - Vocational services
  - Continuing education
  - Linkage to adult community-based agencies and services



## Can I call my county case management unit and ask for help or do I need my doctor to refer my child?

- Parent(s) may call their county case management unit and request help at any time.
- A doctor's referral is not necessary.
- Some children are referred through the New Jersey Birth Defects and Autism Registry.