

## Living Clean & Green



### 5 Tips to Go Green this Thanksgiving

**This holiday, make a point to conserve energy and be a Good Neighbor to our planet!**

**Practicing the 3R's (Reduce, Reuse and Recycle) will help stop global warming.**

1. **Take one car to grandma's.** Carpool with family members rather than driving to your destination alone. It's a great way to spend more time with loved ones, save gas, and help the environment!
2. **Use reusable dishware.** Disposable dishware may sound tempting when planning a large meal, but it ends up in a landfill.
3. **Turn the thermostat down.** With all the body heat being generated by guests and appliances in the kitchen, your home will be much warmer than usual.
4. **Compost the waste from your Thanksgiving feast.** Compost your organic matter and you'll help reduce the 5 million additional tons of trash generated between Thanksgiving and New Year's.
5. **Shop local and organic for your meal.** The carbon footprint of locally grown food is much smaller because it didn't have to travel around the country or world to get to your dinner table.