



### **HAVE A "GREEN" PICNIC**

Plan an outing that doesn't create a lot of waste or pollution. For example, if you're having a barbecue, avoid using lighter fluid – it contains naphthalene, an air pollutant which is suspected of causing cancer. Instead, use an electric starter, or better yet, a device that lets you start coals using newspapers instead of fluid. Use real plates and utensils instead of paper or plastic and reusable tin or heavy plastic cups instead of disposable paper or plastic ones. Wash the cups and use them over and over. And set out separate bags for your trash and recyclables.